

Lake View YMCA Youth and Family Classes

Summer 2010

(Session runs 6/13/10- 8/13, 9 weeks. **Registration deadline: 6/07/2010**)

Pre-School Classes					
Kiddie Kollege (3-5 yrs.) *Children may take a maximum of 3 days per week	Mon, Tue, Wed, Thurs, Fri	9:00 – 12:00 pm	1-21-01	Member: \$200	Program Member: \$380
Tiny Tot Soccer (1-2 yrs.)	Monday	9:00 – 9:45 am	3-12-01(00)	Member: \$90	Program Member: \$180
Pre – School Soccer (3-5yrs)	Monday	10:00-10:45am	3-12-01 (01)	Member: \$90	Program Member: \$180
Basketball Mania	Thursday	9:00 -9:45 am	3-02-01	Member: \$90	Program Member \$180
Rhythm & Rhymes (0-36 mos.)	Monday	11:30 – 12:15 pm	1-20-01(01)	Member: \$90	Program Member: \$180
Pre- School Piano (2.5-5 yrs.)	Monday	12:30 – 1:15 pm	1-20-01(08)	Member: \$90	Program Member: \$180
Tiny Tot Tumbling (16 mos.-5 yrs.)	Tuesday Tuesday	9:15 – 10:00 am 10:15 – 11:00 am	3-05-01	Member: \$90	Program Member: \$180
T-Ball for Tots (In the Gym; 2-4 yrs.)	Wednesday	9:15 – 10:00 am	3-01-01	Member: \$90	Program Member: \$180
Pre- School Sports of All Sorts (3-5 yrs.)	Monday	330-415p	3-29-01	Member: \$90	Program Member: \$180
Tiny Tot Tumbling (16 mos.-5 yrs.)	Friday Friday	9:15 – 10:00 am 10:15 – 11:00 am	3-05-01(03)	Member: \$90	Program Member: \$180
Messy Masterpieces (2-5 yrs)	Fridays	9:00-9:45 am 10:00-10:45am	1-20-01	Member: \$90	Program Member: \$180
Youth Classes					
Teen Commit to Be Fit (12-17 yrs.)	Contact Fitness Director, Mira Levy, to set-up appointment (x2998; mira_levy@ymcachgo.org)				
Boot Camp 4 Kids (6-12 yrs.) (must have 3 to run)	Tuesday	4:00 – 5:00 pm		See Fitness Dir. For more details (x2998) Parent Waiver required for participation	

Pre-School Class Descriptions

Sports

Tiny Tot Soccer (1–2 yrs.): Start your little kicker off on the right foot! This class is a great introduction to ball play and kicking skills for your young ones. Class focuses on kicking, passing and interaction between toddlers. Come and play with your child in a non competitive environment. You're sure to have a great time!

Pre-School Sports of all Sorts (3-5 yrs.): Learn a different sport each week! This is a great introductory class to a variety of sports. Come join us for the classics including soccer and basketball, and stick around to try ultimate Frisbee, broomball and more!

Tiny-Tot Tumbling (16 mos.–5 yrs.): Here is a great chance for parents to participate with active toddlers in an introduction to motor development. Join us for dancing, singing, and parachute games; constant excitement and movement that will entertain any toddler!

Tee-Ball for Tots (2–4 yrs.): Your toddler will be hitting home runs in no time! This class serves as a great introduction to America's past time. The focus on throwing, catching, and hitting is sure to improve your child's hand eye coordination while they have fun with their new friends. Stick around and play the outfield with us!

Pre-School Soccer (3–5 yrs.): The next "leg" up! Learn the basic rules and skills of soccer. Children will learn kicking, dribbling, passing, and how to be a team player while improving coordination and motor skills. Your young ones are sure to gain independence while working with our enthusiastic staff.

Humanities

Kiddie Kollege (Ages 2 ½-5 yrs. – child must be potty-trained): Introduce your child to other toddlers as well as schedules and play in this healthy pre-school style learning environment. This three-hour a day program (three days/week max.) is taught by instructors with extensive YMCA and childhood education experience. Run, jump, play, read, learn, share, paint, draw, sing, dance, and show-and-tell in this great introduction to school!

Preschool Piano (ages 4-5) An introduction to the piano for preschoolers. Children will learn their musical alphabet, the basics of notation and rhythm, how to identify piano keys and play simple melodies and scales on the piano keyboard.

Rhythm Rhymes (0–36 mos.): First songs, rhythmic instruments and creative movement for babies and parents in a playful, explorative environment that stimulates musical curiosity, movement and expression.

Basketball Mania (5 ½-10 yrs.): A step up from Pre-School Basketball, this class focuses on set plays, defending, and working as a team to give your child a good foundation for the Lake View YMCA's Youth Basketball League!

Teen Commit to Be Fit & Boot Camp for Kids: A great opportunity to get your kids involved in working out! Bootcamp Kids meet in the upstairs lobby before each session.