

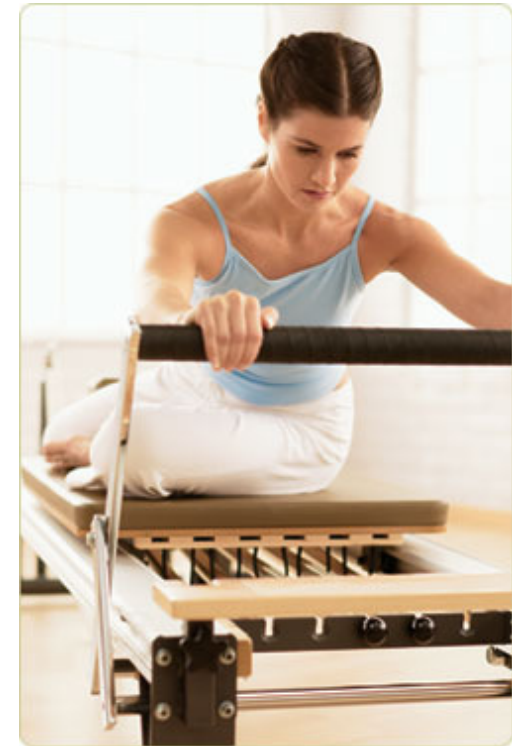
Pilates Reformer Spring II Classes

8 Week Session

April 18th – June 12th, 2010

Registration for Spring II Session starts March 29th!

Day	Start Time	End Time	Instructor
Monday	7:15am	8:15am	Jackie
Monday	10:00am	11:00am	Mari
Tuesday	9:00am	10:00am	Mari
Tuesday	10:00am	11:00am	Mari
Wednesday	10:00am	11:00am	Mari
Wednesday	7:00pm	8:00pm	Mari
Thursday	9:00am	10:00am	Mari
Friday	10:00am	11:00am	Mari
Saturday	9:00am	10:00am	Mari
Saturday	10:00am	11:00am	Mari



Cost: \$200.00 for 8 week session
Only 4 spots available per class

"In 10 sessions, you will feel the difference. In 20, you will see the difference. And in 30, you'll be on your way to having a whole new body." – Joseph Pilates



www.lakeviewymca.org

The Lake View YMCA is a charitable, 501 (c) 3 organization. Financial assistance is based on the ability to pay. It is the policy of the YMCA that no person be denied membership by reason of inability to pay fees if funds are available.

Lake View YMCA. We build strong kids, strong families, strong communities.

